



## Types of Volunteering

*There's no one-size-fits-all way to volunteer — there's a role for everyone*

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Volunteering looks different for different people, communities, and stages of life. Whether you have lots of time or just a little, enjoy working with people or prefer behind-the-scenes roles, there is a way to get involved that suits you.

This handout outlines some common types of volunteering to help you explore what might be the right fit for you.

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### 1. Community Support Volunteering

Supporting individuals or groups within the community.

**Examples include:** - Visiting or supporting older people - Helping at community centres or neighbourhood hubs - Supporting people experiencing hardship.

**Good for people who:** enjoy helping others and building relationships.

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### 2. Event and Activity Volunteering

Helping to plan, set up, run, or pack down events and activities.

**Examples include:** - Community events and festivals - Fundraisers and awareness days - Sporting or cultural events.

**Good for people who:** like teamwork, variety, and short-term roles.

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### 3. Environmental and Outdoor Volunteering

Protecting and caring for local environments and outdoor spaces.

**Examples include:** - Bush regeneration and clean-up days - Community gardens - Landcare and conservation projects.

**Good for people who:** enjoy being outdoors and staying active.

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#### 4. Skills-Based Volunteering

Using specific skills, knowledge, or experience to support organisations.

**Examples include:** - Administration, finance, or IT support - Marketing, social media, or graphic design - Training, mentoring, or professional advice.

**Good for people who:** want to share existing skills or build new ones.

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#### 5. Committee and Governance Roles

Helping guide and support organisations through leadership and decision-making.

**Examples include:** - Committee or board membership - Secretary, Treasurer, or Chair roles - Advisory or planning groups.

**Good for people who:** are interested in leadership, planning, and strategy.

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#### 6. One-Off or Short-Term Volunteering

Volunteering for a specific task, project, or short period of time.

**Examples include:** - Working bees - One-day events - Seasonal or project-based roles

**Good for people who:** have limited time or want to try volunteering without long-term commitment.

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#### 7. Flexible and Behind-the-Scenes Volunteering

Supporting organisations without direct public interaction.

**Examples include:** - Preparing resources or packs - Data entry or research - Helping from home or online.

**Good for people who:** prefer quieter roles or flexible involvement.

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#### Volunteering Should Fit Your Life

Volunteering should feel rewarding, manageable, and supportive of your wellbeing. The right role can change over time — and that's okay.

You can volunteer: - Regularly or occasionally - On your own or as part of a group - In person or online.

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